


The GAD – 7 questionnaire assess for Generalized Anxiety Disorder (GAD):

Over the last 6 months how often have you been bothered by the following problems?	Not at all	Several days	More than half days	Nearly every day
Feeling nervous, anxious, or on edge	0	1	2	3
Not being able to stop or control worrying	0	1	2	3
Worrying too much about different things	0	1	2	3
Trouble relaxing	0	1	2	3
Being so restless it's hard to sit still	0	1	2	3
Becoming easily annoyed or irritable	0	1	2	3
Feeling afraid as if something awful might happen	0	1	2	3

Add Columns: _____

Total Score: _____  add your column scores

INETERPRETING THE SCORES

A score of 10 or more on the GAD-7 represents a reasonable cut point for identifying cases of GAD.

The sensitivity at this level was 89%, and the specificity was 82% - quite satisfactory.

Cut points of 5, 10, and 15 may be interpreted as representing mild, moderate and severe levels of anxiety on the GAD -7.

If you checked off any problems, how difficult have these problems made it for you to do your work. take care of things at home, or get along with other people?

Not difficult at all _____ Somewhat difficult _____ Very difficult _____ Extremely difficult _____

Source: *A brief measure for assessing generalized anxiety disorder.* RL. Spitzer, K. Kroeneke, JBW Williams, B. Lowe, Arch Intern Med, 2006, vol.166, pp. 1092--1097